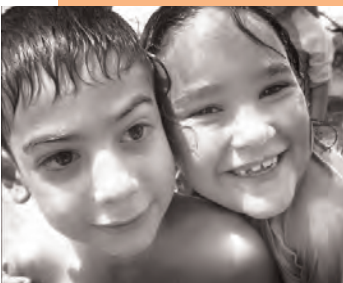


# ***DELAWARE COUNTY***



## ***WHERE TO GO FOR HELP***

A Guide to Outpatient Behavioral Health Services for  
**Delaware County's Children and Adolescents**  
Enrolled in Medical Assistance and CHIP

A PUBLICATION OF:

**Public Citizens for Children & Youth**



## INTRODUCTION

As many as 20% of all children and adolescents have behavioral health concerns, according to the U.S. Department of Health and Human Services.

It is often difficult for families to recognize that their child may be struggling with a behavioral health concern. During these times families have a lot of questions and don't know where to turn. Realizing that your child needs behavioral health treatment can be overwhelming and, at times confusing, but help is available. This resource guide was created to help parents, counselors, health care providers and others who care for children, in Delaware County. We hope it will help you make sense of the behavioral health system for children insured through Medical Assistance (MA) or the Children's Health Insurance Program (CHIP), and link you to the services you and your child need.

**The good news is that children's behavioral health problems can be successfully recognized and treated. Studies indicate that children and adolescents do improve with the right treatment.**

The good news is that children's behavioral health problems can be successfully recognized and treated. Studies indicate that children and adolescents do improve with the right treatment.

There are behavioral health agencies in Delaware County that specialize in programs for children and adolescents, and who serve children enrolled in Medical Assistance or CHIP. See the **orange pages** for a list and map of these places.

For those children enrolled in Medical Assistance, they are provided "all medically necessary" health services— this includes behavioral health treatment. Children insured through Medical Assistance can get this treatment for free. Often children with a behavioral health disability can receive Medical Assistance; for help applying for this special category of Medical Assistance, contact Public Citizens for Children and Youth (PCCY) at 215-563-5848 x17.

The Children's Health Insurance Program (CHIP) and most private insurance companies cover behavioral health, but the services that are available vary by the child's plan. The behavioral health benefit for children insured through CHIP or on private insurance is usually more limited than what is offered by Medical Assistance. Parents should call their child's insurance company for more details.

Even without insurance, help is available. (See the **orange pages** for more information about services available to uninsurable children).

## **HOW DO I KNOW IF MY CHILD NEEDS BEHAVIORAL HEALTH SERVICES?**

It can be hard to know if your child needs behavioral health services. Behaviors like temper tantrums, nightmares, crying or fighting at home or at school, can be normal parts of childhood development. These problems come and go as kids grow up. In some cases, however, these behaviors last a long time. This may be a sign that your child is in distress and requires an assessment to determine if treatment is necessary.

Here are some of the warning signs that might mean your child needs an assessment:

- If you see changes in your child's behavior or if he/she seems increasingly upset, angry or cranky much of the time.
- If your child appears unhappy or depressed for long periods of time.
- If there has been a big change in your child's life and he or she continues to have trouble adjusting for a long period of time.
- If your child is not eating or sleeping as well as he or she normally does.
- If your child is increasingly worried or scared, or often says he or she doesn't feel well.
- If your child stops being interested in his or her friends.
- If your child has difficulty keeping up in school or can't seem to concentrate.
- If your child is not interested in doing things he or she used to enjoy.
- If you notice changes in your child's eating, sleeping or going to the bathroom (such as wetting him or herself after being toilet trained).
- If your child suddenly starts playing in very sexual ways.
- If your child is fighting with others a lot.

## WHAT DO I DO IF I THINK MY CHILD IS EXPERIENCING A BEHAVIORAL HEALTH PROBLEM?

You are the expert on your child's typical behavior patterns; trust your instincts and contact a professional if you think something is wrong.

If you believe your child has a behavioral health problem, begin by calmly talking about your concerns with him/her. Ask questions like, "how do you feel" - and take time to listen. If your child continues having difficulty and speaking with the child has failed to make changes, it may be time to seek help from a behavioral health provider or other health care professional.

**If you believe your child has a behavioral health problem, begin by calmly talking about your concerns with him/her. Ask questions like, "how do you feel" - and take time to listen.**

You can do this by contacting your child's health insurance plan (the phone number is usually on the back of your child's health insurance card) or a behavioral health treatment center (see the **orange pages** for a list of agencies in your area).

## WHAT IS OUTPATIENT TREATMENT?

Outpatient treatment means that your child gets services in the community while continuing to live at home. This is the most common form of behavioral health care for children and adolescents.

Outpatient treatment usually occurs at a behavioral health provider's office. Treatment is based on a comprehensive evaluation of your child and family's needs. This assessment occurs within the first few appointments, and it is used to create your child's treatment plan. Outpatient treatment can include:

- one-on-one counseling with a therapist
- group therapy with a therapist and multiple children
- family counseling
- psychiatric evaluations
- psychological evaluation or testing
- bio-psycho-social assessments
- medication management
- drug and alcohol counseling



For children on Medical Assistance, community-based services are also available and can occur in your child's home or school. These services can include:

- targeted case management
- wraparound (also known as Behavioral Health Rehabilitation Services or BHRS)
- family based therapy
- therapeutic after school programs and summer camps

Call Magellan Behavioral Health of Pennsylvania, Inc., (1-888-207-2911) or your child's behavioral health provider about how to access these community-based services.



## HOW DO I ACCESS BEHAVIORAL HEALTH TREATMENT FOR MY CHILD?

### 1. Get your child health insurance.

You can call Public Citizens for Children and Youth (PCCY) at 215-563-5848 x17 for help with insuring your child. Remember - all Pennsylvania children, regardless of income, are now eligible for the Children's Health Insurance Program (CHIP)! Call PCCY (215-563-5848 x17) today, to enroll your child in free or low cost CHIP. If you have already applied for health insurance for your child, and he or she has been denied, and is not eligible, look at the list on the **orange pages** for providers who accept uninsured children.

**Remember - all Pennsylvania children, regardless of income, are now eligible for the Children's Health Insurance Program (CHIP)!**

### 2. Contact a behavioral health provider near you to schedule services for your child.

See the **orange pages** of this brochure for a map and list of behavioral health facilities. Be prepared to schedule a first appointment with the clinic when you call. Make sure you know when both you and your child can make it to an appointment. At times agencies may ask you to leave your name and phone number so someone can return your call.

**\*When making an appointment always make sure that the agency still accepts your child's insurance.**

**3. You can contact more than one agency to access services for your child.** If you need help finding a behavioral health agency or individual provider in your neighborhood, call your child's health insurance company. For children insured through Medical Assistance call Magellan at 1(888) 207-2911. For a list of other behavioral health insurance company phone numbers see page 10. If your child has a doctor he/she sees regularly, try asking that doctor for a suggestion. Other people who might have ideas for identifying behavioral health providers are staff at your child's school like the school nurse or counselor.

**If your child has a doctor he/she sees regularly, try asking that doctor for a suggestion.**

## **HOW LONG WILL MY CHILD WAIT TO ACCESS OUTPATIENT SERVICES?**

Behavioral health agencies that accept Medical Assistance are required to offer intake appointments within 1 hour if it is an emergency, within 24 hours if it is urgent and within 7 days for a routine assessment. However, at the printing of this resource guide, some centers had delays for a first appointment. If an agency you call has a delay don't be discouraged. Your child might be able to be seen more quickly at another agency.

If your child is insured through Medical Assistance and you experience a delay in scheduling your child's intake appointment, please report this to Magellan Behavioral Health (1-888-207-2911) immediately. They will assist you in accessing an intake appointment within the required timeframe.

You can call around to different agencies in your area to see which can give you an appointment first. The map on the **orange pages** shows where many outpatient providers are located.

For children who are insured through CHIP or a private insurance company, the allowable wait times vary among agencies.



## WHAT WILL HAPPEN AT MY CHILD'S FIRST APPOINTMENT?

Your child's first appointment is usually called an intake. At an intake appointment, a therapist or other trained behavioral health professional will perform an assessment, or evaluation, and talk with you and/or your child to find out about the difficulties your child is experiencing. The behavioral health professional may ask you about how your child deals with social situations, how he/she has been acting and about his/her physical health. At the end of the intake assessment, your child, you and the behavioral health professional will determine next steps such as a psychiatric evaluation, outpatient therapy or community-based services such as those discussed on page 4.

### Questions You May Want to Ask Your Child's Behavioral Health Professional:

- How long have you been providing children's behavioral health services?
- Will you see my child alone or will the family be involved in therapy?
- Will my child be evaluated for further behavioral health difficulties?
- How often will my child have to come to therapy sessions? How long will they last?
- Will my child's therapy sessions be scheduled at a good time for me so that I don't have to miss work?

## HOW LONG WILL MY CHILD BE IN THERAPY?

Sometimes, just a few treatment sessions with a therapist will be enough. Often, continuing therapy (10-12 sessions or more) may be the most helpful for your child. The length of therapy is based on many factors: the type of behavioral health problem your child is experiencing, the goals of the therapy and how easy it is for your child and the family to make changes.

## WHAT RESOURCES ARE AVAILABLE FOR DRUG AND ALCOHOL TREATMENT FOR CHILDREN AND ADOLESCENTS?

There are a number of agencies in the area that specialize in drug and alcohol treatment for children and adolescents. These agencies offer a variety of services, including individual, group and family counseling to help young people and their families deal with substance abuse issues. See the **orange pages** for a list of agencies in Delaware County that offer substance abuse counseling to children and adolescents.



## WHAT IF MY CHILD NEEDS MEDICATION?

Some children are treated with medications for their mental health diagnoses, but most are not. If your child's behavioral health professional recommends medications, he/she will be referred to see a psychiatrist. Psychiatrists are medical doctors trained to assess behavioral, emotional and mental health issues, and recommend medication as necessary. Only doctors can prescribe medications for your child. Your behavioral health professional should help you find a psychiatrist for your child or you can contact your insurance company. If you experience a delay in scheduling an appointment with a psychiatrist, speak with your child's behavioral health professional or insurance company to see if they can help get your child seen more quickly. For children enrolled in Medical Assistance, contact Magellan Behavioral Health at 1(888)207-2911, immediately and they will assist you in accessing an appointment within the required timeframe.

## DO I NEED TO GIVE PERMISSION FOR MY CHILD TO SEE A THERAPIST?

If a child is under 14, permission from his or her parent or guardian is needed to start behavioral health treatment. If teenagers are over 14, and are insured through Medical Assistance or CHIP, they do not need parental permission to get treatment. However, some behavioral health providers may require adolescents to receive parental permission before providing treatment.

For drug and alcohol assessment, children and adolescents of any age do not need their family's permission to get substance abuse treatment. However, parents and other caregivers should always try to be engaged with their teen's treatment, as this is one of the most effective ways toward recovery. If a teen has a substance abuse issue, but refuses to seek treatment, as a last resort, children under the age of 18, can be legally compelled to obtain treatment because of Act 53 of 1997. Contact the Delaware County Office of Behavioral Health at (610)713-2365, for more information on this Act.

For more information on drug and alcohol treatment for your teen you can call the Office of Behavioral Health, Department of Drug and Alcohol (610-713-2365).



If your teen doesn't want help, don't be discouraged. Try asking another trusted adult, friend, counselor, or teacher to talk with your child and encourage him or her to get help. You can also talk to a behavioral health professional at one of the facilities listed on the **orange pages** for ideas on how to help your child accept treatment.

## **WHAT IF I AM UNHAPPY WITH MY CHILD'S BEHAVIORAL HEALTH PROFESSIONAL?**

You can always ask to change your child's therapist within an agency or to switch agencies. It is also important to try to talk with your child's therapist about your concerns because sometimes difficult issues come up in therapy.

If there is a more serious problem, you should first file a complaint with the behavioral health provider. If your problem is not resolved, you should then file a complaint with your child's behavioral health insurance company. Call your child's behavioral health insurance company for more information on their complaints process. For those children enrolled in Medical Assistance, as a last resort you can contact the Delaware County Office of Behavioral Health (610-713-2365).

If you would like assistance and support with the complaint or grievance process, you can call the Parents Involved Network (PIN) at (610) 713-9401. If you need additional help filing a complaint, contact Public Citizens for Children and Youth at (215) 563-5848 x17.

## **WHAT SHOULD I DO IN AN EMERGENCY?**

**If the emergency is life threatening, call 911.**

If your child is having a non-life-threatening behavioral health emergency, you can call Project REACH, which provides 24 hour crisis counseling and mobile crisis outreach services in Delaware County (610-352-4703). Project REACH can help you determine what next steps you should take.

Parents can also go directly to one of Delaware County's two mental health crisis centers: Mercy Fitzgerald Hospital Psychiatric Crisis Response Center in Darby- 1500 Landsdowne Ave. (610-237-4210) or Crozer-Chester Mental Health Crisis Center in Upland- 1 Medical Center Boulevard (610-447-7600). At both of these locations your child will be evaluated by a psychiatrist to determine if inpatient psychiatric hospitalization is necessary.

If you believe your child age 14 or older is a danger to him or herself or others, and he/she is unwilling to go to a mental health crisis center, you or another witness to your child's dangerous behaviors can go to either of the psychiatric crisis centers to file a petition for an involuntary evaluation (called a "302"). If the "302" petition is approved, this means that your child will be required to go to the psychiatric crisis center for an involuntary psychiatric evaluation.

If your child is evaluated at a psychiatric crisis center and the psychiatrist determines that he/she needs inpatient hospitalization for psychiatric treatment and stabilization, this means that the child can be admitted to a psychiatric hospital. However, if your child does not need inpatient treatment, he/she will be discharged with after-care suggestions like follow-up with the child's behavioral health professional.

If your child is in need of a psychiatric evaluation to determine if inpatient psychiatric treatment is necessary, but your child does not have any medical insurance, the Delaware County Office of Behavioral Health is able to fund these evaluations and at times hospitalization, for uninsured County residents.

Another option for a non-life-threatening emergency is to call Contact Greater Philadelphia, a 24-hour Hotline at which volunteers are trained in crisis intervention and active listening. The number for Delaware County is (610) 649-5250.

## **HOW DO I PAY FOR CARE FOR MY CHILD?**

### **Medical Assistance:**

Children who have Medical Assistance (MA) can get "all medically necessary" behavioral health services free of charge, based on the diagnosis. In Delaware County, behavioral health services for children and adults on Medical Assistance are provided by a managed care provider called Magellan Behavioral Health of Pennsylvania, Inc. You can call Magellan at 1 (888) 207-2911. They can direct you to a behavioral health agency where you can get help.

### **CHIP:**

Most children with private insurance or CHIP in Delaware County have commercial Magellan as their behavioral health provider. But there may be exceptions. The best way to find your child's behavioral health plan is to look on the back of his/her insurance card where the behavioral health insurance company is usually listed.

If you cannot find your child's card, listed below are many health insurance companies that serve Delaware County children and the phone numbers for their behavioral health insurance plan. You can call these numbers to request a list of behavioral health providers and services that your child is eligible for.

The Behavioral Health providers for **CHIP** in this region are Aetna, AmeriChoice and Keystone Health Plan East (which is through Independence Blue Cross' Caring Foundation).

**Aetna: 1(800) 755-2422**

**AmeriChoice (through Magellan): 1(888) 207-2911**

**Keystone Health Plan East: 1(800) 688-1911**

### **Private Insurance:**

If you have private insurance in southeastern PA, you probably use one of the companies below. Here is a list with their most direct phone numbers for behavioral health services:

**Aetna: 1(800) 424-1580**

**Cigna: 1(800) 926-2273**

**Independence Blue Cross (Personal Choice): (215) 569-8189 (enrollment)**

**Oxford: 1(800) 444-6222**

**TRICARE (Health Net): 1 (877) TRICARE, (1-877-874-2273)**

**United Health Care: 1(800) 562-2532**



## **CAN MY CHILD GET SERVICES EVEN WITHOUT HEALTH INSURANCE?**

Children who do not have insurance can get treatment at one of the Base Service Units (BSU), which are community-based behavioral health centers. These centers will treat any county resident. They provide free or very low cost behavioral health treatment to all residents who are not eligible for insurance. See map on the **orange pages** for a listing of these and other centers that accept uninsured children in Delaware County.

Remember - most children in Delaware County can get health insurance. If your child does not have health insurance, you can call PCCY's confidential Child Health Watch hotline at (215) 563-5848 x17, to apply for insurance over the phone. You can also go to your neighborhood County Assistance Office (welfare office) and apply in person. To find out the County Assistance Office for your area, call the Delaware County Assistance Office Headquarters at (610) 447-5500.

If you have Internet access you can apply for health insurance on COMPASS at [www.compass.state.pa.us](http://www.compass.state.pa.us)



## **WHAT IF MY CHILD NEEDS HELP GETTING TO THERAPY?**

All children on Medical Assistance can get help with transportation to health appointments. In order to get this service you must have an ACCESS card (a yellow card with blue print, issued by the Pennsylvania Department of Public Welfare), which you receive when you enroll in Medical Assistance. Through the Medical Assistance Transportation Program, you can receive free transportation or be reimbursed for travel expenses to approved medical facilities and treatments.

For more information or to apply for the transportation program, call CommunityTransit of

Delaware County, Inc. (610) 490-3975, or Toll Free: 1 (866) 450-3766. You can also apply for the Medical Assistance Transportation Program online at [www.ctdelco.org/matp.htm](http://www.ctdelco.org/matp.htm). To receive transportation you have to complete Section I of the Medical Assistance Transportation Program Application and have your physician complete and sign Section II.

## GLOSSARY OF COMMONLY USED WORDS

### **Behavioral Health**

This word is used to mean both mental health and drug and alcohol services.

### **BSU**

Base Service Units are the county contracted, community behavioral health centers in Delaware County that offer help with applying for Medical Assistance (MA), and provide services to children on MA and children not eligible for insurance.

### **Community-based services**

This term refers to expanded services available to children on Medical Assistance, such as wraparound, case management and therapeutic summer camps.

### **Diagnosis**

A diagnosis is the name given to your child's behavioral health condition. It will help determine what type of treatment he or she will require. Such terms as depression or anxiety are considered a 'diagnosis'.

### **Evaluations**

An evaluation is an examination by a behavioral health professional or medical doctor to determine a diagnosis, what behavioral health problems your child is experiencing and which services are most appropriate.

### **Medical Assistance (MA)**

If you have AmeriChoice, Health Partners or Keystone Mercy insurance and/or an ACCESS card, you have Medical Assistance.



## CLASSES / SUPPORT GROUPS / RESOURCES

*(Inclusion in this guide does not signify an endorsement by PCCY)*

### PARENTING CLASSES

The following agencies offer parenting classes for parents with children of all ages that cover a wide range of issues including: early child development, tantrums, understanding adolescents, limit setting and discipline, etc.:

#### **Bernardine Center**

(610) 497-3225

#### **Catholic Social Services**

(610) 626-6550

#### **Delaware County Family Centers-**

Lansdowne: (610) 532-2811

Chester: (610) 494-9280

### PARENT SUPPORT GROUPS

The following are support groups for families who have children with developmental or behavioral health needs:

#### **BILY – Because I Love You**

(610) 457-5144

[www.becauseiloveyou.org](http://www.becauseiloveyou.org)

BILY is a non-profit organization dedicated to supporting parents with troubled children of any age.



#### **NAMI of Delaware County**

(610) 623-0071

[www.nami.org](http://www.nami.org)

This chapter is part of the National Alliance for the Mentally Ill, which is an advocacy organization dedicated to improving the lives of families affected by severe mental illness.

#### **Parent to Parent of Pennsylvania**

1 (800) 986-4550

[www.parenttoparent.org](http://www.parenttoparent.org)

Parent to Parent is a statewide parent peer support network for parents and caregivers who are caring for children with behavioral health concerns.

## PARENT RESOURCES

Here is a list of some other organizations in your community that can help families:

### **Arc of Delaware County**

3544 West Chester Pike, Suite 205, Newtown Square, PA 19073

(610) 325-3950

[www.thearcofdelco.org/](http://www.thearcofdelco.org/)

Arc is an advocacy organization that assists families in navigating the special education system and connects families to peer supports and recreational activities for their children.

### **Cultural Connections Collaborative**

Located at Delaware County Memorial Hospital

501 North Lansdowne Avenue, Drexel Hill, PA 19026

(610) 284-8100

Aside from the cultural competency training it provides to health personnel at Delaware County Memorial Hospital and in the Upper Darby School District, Cultural Connections Collaborative also helps immigrant adults access health care and mental health resources in the community for themselves and their children.

### **Parent Education Network (PEN)**

(800) 522-5827

PEN is a statewide coalition of parents that offers consultation and parent guidance regarding early intervention and special education services.

### **Parents Involved Network (PIN)**

(610) 713-9401

[www.pinofpa.org](http://www.pinofpa.org)

PIN, an advocacy and support group, is a project of the Mental Health Association of southeastern PA that assists parents and caregivers of children with emotional and behavioral disorders.





## HELPFUL INTERNET SITES

### **Center for Autistic Children**

[www.autismhelp.org](http://www.autismhelp.org).

The center provides information for families with a child on the autism spectrum.

### **COMPASS**

[www.humanservices.state.pa.us/compass](http://www.humanservices.state.pa.us/compass)

You can find your way to health and social services in Pennsylvania, in a variety of languages.

### **Delaware County's Official Site: Human Services Department**

[www.co.delaware.pa.us/humanservices/services.html](http://www.co.delaware.pa.us/humanservices/services.html)

This link will take you directly to the page where you can connect to departments and services like the Office of Behavioral Health, Mental Retardation, Children and Youth Services, Child Care Information Services and the Office of Early Intervention.

### **Delaware County Intermediate Unit**

[www.dciu.org/dciu25/site/default.asp](http://www.dciu.org/dciu25/site/default.asp)

This website offers information about Delaware County Intermediate Unit's services and programs.

### **Division for Early Childhood- The Council for Exceptional Children**

[www.dec-sped.org](http://www.dec-sped.org)

The Council advocates for families with special needs children birth to eight years of age.



### **Education Law Center**

[www.elc-pa.org](http://www.elc-pa.org)

The Education Law Center is a non-profit legal advocacy and educational organization, dedicated to ensuring that all of Pennsylvania's children have access to a quality public education.

### **Magellan Behavioral Health**

[www.magellanhealth.com](http://www.magellanhealth.com)

Magellan Behavioral Health is the contracted behavioral health insurance organization for Medical Assistance clients in Delaware County.

### **Mental Health Association of Southeastern Pennsylvania (MHASP)**

[www.mhasp.org](http://www.mhasp.org)

MHASP is a citizens' organization that supports education and advocacy programs for children and families with mental illness.

### **Pennsylvania Health Law Project (PHLP)**

[www.phlp.org](http://www.phlp.org)

PHLP provides free legal services and advocacy to Pennsylvanians having trouble accessing publicly funded health care coverage or services.

### **Pennsylvania Parents & Caregivers Resource Network (PPCRN)**

[www.ppcrn.org](http://www.ppcrn.org)

PPCRN is a fourteen year old statewide cross-disability, grassroots network that supports parents' and caregivers' efforts to help their children and adult family members with developmental disabilities.

### **Pennsylvania Yellow Pages for Kids**

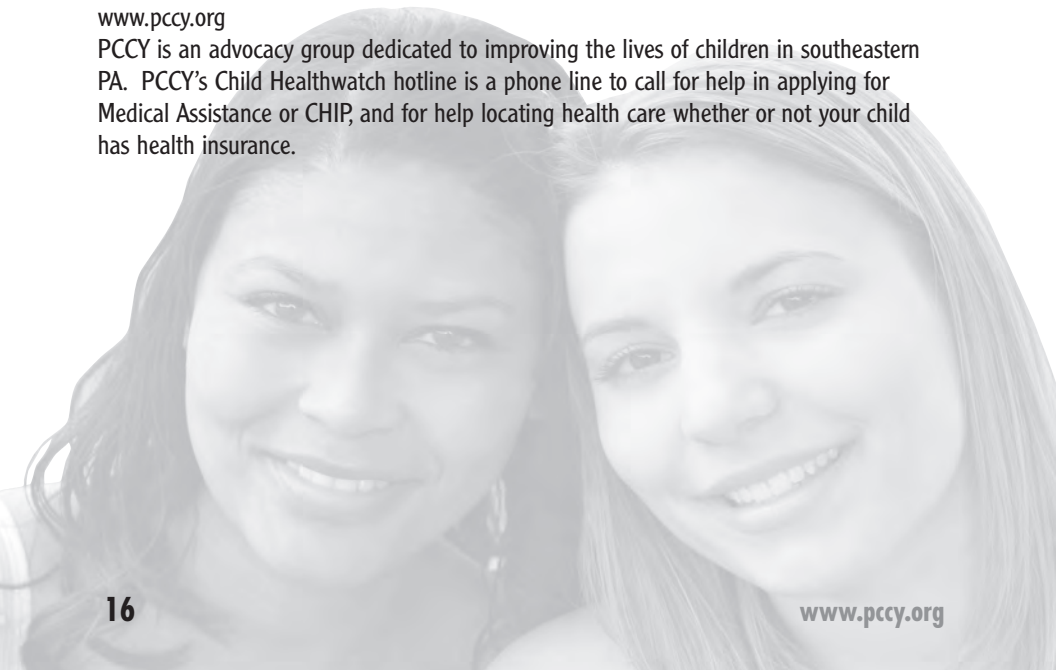
[www.yellowpagesforkids.com](http://www.yellowpagesforkids.com)

Find professionals in the fields of education, healthcare, law and advocacy for children with disabilities, on the Yellow Pages for Kids for your state. You will also find special education schools, learning centers, treatment programs, parent groups, respite care, community centers, grassroots organizations, and government programs here.

### **Public Citizens for Children and Youth**

[www.pccy.org](http://www.pccy.org)

PCCY is an advocacy group dedicated to improving the lives of children in southeastern PA. PCCY's Child Healthwatch hotline is a phone line to call for help in applying for Medical Assistance or CHIP, and for help locating health care whether or not your child has health insurance.



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***The Pew Charitable Foundation  
and  
The William Penn Foundation***

**FOR MORE INFORMATION CONTACT:**



Seven Benjamin Franklin Parkway  
Philadelphia, PA 19103  
Phone: 215.563.5848 Fax: 215.563.9442  
email: [info@pccy.org](mailto:info@pccy.org)  
[www.pccy.org](http://www.pccy.org)

# WHERE TO GO FOR HELP

| No  | Name  | Location   | Phone/Website                                      | Insurance  | Services   |
|---|---|--|--|--|--|
| <b>Outpatient/Community-Based Services in Delaware County</b> |   |  |  |  |  |
| 1   | Associates of Springfield Psychological               | 101 West Chester Pike<br>Havertown, 19083                            | (610) 544-2110<br>www.springfieldpsychological.com | CHIP   | <b>Counseling:</b><br>I, F<br><b>P</b>                 |
| 2   | Associates of Springfield Psychological               | 1489 Baltimore Pike<br>Building 200, Suite 250<br>Springfield, 19064 | (610) 544-2110<br>www.springfieldpsychological.com | CHIP   | <b>Counseling:</b><br>I, F<br><b>P</b>                 |
| 3   | Building Bridges                                      | 36 & 42 East Front St.<br>Media, 19063                               | (610) 566-4011<br>www.buildingbridgesmedia.com     | Depends on individual's therapist: Medical Assistance<br>CHIP, Sliding scale fee | <b>Counseling:</b><br>I, F, G<br><b>Play, P</b>        |
| 4   | Child Guidance Resource Center                        | 2000 Old West Chester Pike<br>Havertown, 19083                       | (484) 454-8700<br>www.cgrc.org                     | Medical Assistance   | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |
| 5   | Crozer-Chester-Community Division (BSU)               | 2600 W. 9th St.<br>Chester, 19013                                    | (610) 497-7700<br>www.crozer.org                   | Medical Assistance<br>Sliding scale fee  | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |
| 6   | Delaware County Professional Services                 | 1055 E. Baltimore Pike<br>Suite 303<br>Media, 19063                  | (610) 892-3800<br>www.dcpsonline.com               | CHIP   | <b>Counseling:</b><br>I, F, G                          |
| 7   | Delaware County Professional Services Wellness Center | 2010 West Chester Pike<br>Suite 425<br>Havertown, 19083              | (610) 892-3800<br>www.dcpsonline.com               | CHIP   | <b>Counseling:</b><br>I, F, G                          |
| 8   | Family and Community Service of Delaware County       | 37 N. Glenwood Ave.<br>Clifton Heights, 19018                        | (610) 566-7540<br>www.fcsdc.org                    | Medical Assistance<br>Sliding scale fee  | <b>Counseling:</b><br>I, F, G                          |
| 9   | Family and Community Service of Delaware County       | 600 N. Olive St.<br>Media, 19063                                     | (610) 566-7540<br>www.fcsdc.org                    | Medical Assistance<br>Sliding scale fee  | <b>Counseling:</b><br>I, F, G                          |
| 10  | Holcomb Behavioral Health Systems                     | 225 S. 69th St.<br>Upper Darby, 19082                                | (610) 352-8943<br>www.holcombprevention.org        | Medical Assistance<br>Sliding scale fee  | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |

| No | Name                             | Location  | Phone/Website                             | Insurance                               | Services   |
|----|----------------------------------|---|---|---|--|
| 11 | Life Counseling Services         | 107 Chesley Dr.<br>Media, 19063                       | 1(800) 882-2799<br>www.lifecounseling.org | CHIP                                    | <b>Counseling:</b><br>I, F, G                          |
| 12 | Life Counseling Services         | 175 King of Prussia Rd.<br>Radnor, 19087              | 1(800) 882-2799<br>www.lifecounseling.org | CHIP                                    | <b>Counseling:</b><br>I, F, G                          |
| 13 | NHS Human Services (BSU)         | 800 Chester Pike<br>Sharon Hill, 19079                | (610) 534-3636<br>www.nhsonline.org       | Medical Assistance<br>Sliding scale fee | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |
| 14 | Northeast Treatment Center (NET) | 1260 Woodland Ave.<br>Suite 100<br>Springfield, 19064 | (215) 408-4913<br>www.net-centers.org     | Medical Assistance                      | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |

### Drug & Alcohol Counseling in Delaware County

|    |                               |   |  |                           |                               |
|----|-------------------------------|---|--|---------------------------|-------------------------------|
| 15 | Center for Addictive Diseases | 401 Pilgrim Lane<br>Suite 103<br>Drexel Hill, 19026                   | (610) 645-6543                           | Medical Assistance        | <b>Counseling:</b><br>I, F, G |
| 16 | Key Recovery Center-Chester   | 415 E. 22nd St.<br>Chester, 19013                                     | (484) 490-1060                           | CHIP                      | <b>Counseling:</b><br>I, G    |
| 17 | Rehab After Work              | 525 West Chester Pike<br>Falcon Center, Suite 205<br>Havertown, 19083 | (610) 889-9939<br>www.rehabafterwork.com | CHIP<br>Sliding scale fee | <b>Counseling:</b><br>I, F, G |

### Specialized Services in Delaware County

|    |          |                                    |                                    |                    |  |
|----|----------|------------------------------------|------------------------------------|--------------------|--|
| 18 | Elwyn    | 111 Elwyn Rd.<br>Elwyn, 19063      | (610) 558-8100<br>www.elwyn.org    | Medical Assistance | <b>W</b>   |
| 19 | Lifepath | 600 N. Jackson St.<br>Media, 19063 | (610) 566-5029<br>www.lifepath.org | Medical Assistance | <b>DD MH/MR Counseling:</b><br>I<br><b>P, CB</b> |

### Philadelphia County Agencies that Accept Delaware County Medical Assistance

|    |                                  |   |                                       |                    |  |
|----|----------------------------------|---|---------------------------------------|--------------------|--|
| 20 | Joseph J. Peters                 | 100 S. Broad St.<br>17th Floor<br>19110 | (215) 701-1560<br>www.jjp.org         | Medical Assistance | <b>SAV&amp;O Counseling:</b><br>I, G<br><b>P</b>       |
| 21 | Northeast Treatment Center (NET) | 493 N. 5th St.<br>Suite E<br>19123      | (215) 408-4944<br>www.net-centers.org | Medical Assistance | <b>Counseling:</b><br>I, F, G<br><b>D&amp;A, P, CB</b> |