

VISION CARE GUIDE



WHERE TO GO FOR VISION CARE

A Guide to Vision Care Services for
Philadelphia's Children & Adolescents

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FAST VISION CARE FACTS:

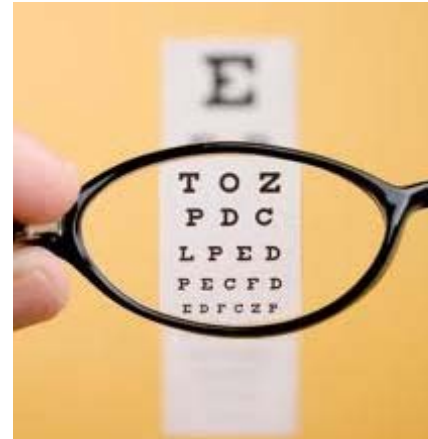
In Philadelphia there are many places where you can take your child to get vision care.

- Check out pages 9 thru 20 of this guide for a list of over 100 places you can take your child.
- If you have Medical Assistance or CHIP health insurance for your child, these programs cover vision care.
- If you do not have insurance for your child, we can help. Your child is probably eligible for Medical Assistance or CHIP.
- For help applying for health insurance for your child call PCCY at 215-563-5848 X 17.

For more details about Medical Assistance and CHIP vision care services, turn to page 6.



WHY IS VISION CARE IMPORTANT FOR KIDS?



Vision is an important part of everyday life. Children use their eyes to understand just about everything. Eighty percent of what a child learns in school is presented visually. Poor eyesight can affect how a child learns, plays sports and plays with other kids. It can even affect their self-esteem.

Many children who have vision problems don't know it. Sometimes even parents and teachers may not know that a child has a vision problem.

Instead they may think that a child has behavior problems or a learning disability. That is why it is very important to get your child's eyes checked. If a child's vision problems are not treated quickly, they can get worse and even lead to a child losing their sight. The good news is that vision loss does not have to happen if problems are found and treated early.

Many children who have vision problems don't know it. That's why it is important to get your child's eyes checked.

HOW DO I KNOW IF MY CHILD MIGHT HAVE A VISION PROBLEM?

Here are some signs that may mean your child needs to see an eye doctor:

- Holds objects close to eyes
- Constant eye rubbing
- Trouble following an object
- Crossed eyes
- Inflamed or watery eyes
- Trouble seeing an object that is close up
- Trouble seeing an object that is far away
- Bumps into objects
- Has constant eye infections
- Poor focusing



Here are some common warning signs among school-aged children:



- Headaches
- Avoids reading
- Trouble reading the blackboard
- Squinting or struggling to see
- Sitting too close to objects (such as the TV)

If your child has any of these signs, take him/her to an eye doctor.

WHEN SHOULD MY CHILD HAVE HIS OR HER EYES CHECKED?

- Children should have their eyes checked every time they get a checkup from their primary care provider.
- Once a child enters school, he or she should have a vision screening done by the school nurse once a year.
- Children who wear glasses or contact lenses should visit their eye doctor each year to check for vision changes.

If a problem is found during a vision screening, the child should be referred to an eye doctor for more testing.

CAN MY CHILD GET VISION CARE WITHOUT HEALTH INSURANCE?

Yes! If your child does not have insurance, you can get low-cost or free services. Look at the “discounted services” column on pages 9 thru 20 and see pages 22 thru 29 for more resources. Remember that most children can get health insurance.

Call PCCY at 215-563-5848 x17 for help applying for children’s health insurance.

WHAT IS THE DIFFERENCE BETWEEN A VISION SCREEN AND AN EYE EXAM?

A **vision screen** is a basic test to find out if there is a possible vision problem.

An **eye exam** is a more in-depth test to find out if there is an actual vision problem.

	<i>Vision Screen</i>	<i>Eye Exam</i>
Length of Time	<i>Quick</i>	<i>Longer</i>
Done By	<i>Primary Care Provider or School Nurse</i>	<i>Eye Doctor (Optometrist or Ophthalmologist)</i>
Purpose	<i>To find out if there is a possible vision problem</i>	<i>To find out if there is an actual vision problem</i>
Results	<i>Let's the primary care provider or school nurse know if your child needs more testing</i>	<i>Let's the doctor know if your child has a vision problem, what the problem is and what treatment is needed (glasses, more testing)</i>

There are two types of eye doctors that can examine your child's eyes, optometrists (op-tom-it-rist) and ophthalmologists (op-thal-molo-gists).

- **Optometrist** – is a doctor of optometry (O.D.) who performs eye exams, prescribes glasses and diagnoses common eye problems.
- **Ophthalmologist** – is a medical eye doctor (M.D. or D.O.) who performs eye exams, prescribes glasses, diagnoses eye problems and can do surgery if needed.

LET'S TALK HEALTH INSURANCE: WHAT DOES MY INSURANCE COVER?

Medical Assistance

- Children who have Medical Assistance (MA) can get vision care services for free.
- Children who have MA pick their glasses from a specific group of free frames. If a parent picks other frames, the parent will have to pay for them.
- If a child loses his/her glasses or his/her vision changes during the year they can get a new pair of glasses for free.
- If a child's glasses break, they should be fixed for free. If they cannot be fixed they should be replaced.
- Some MA health plans cover contact lenses. Call your plan to find out.

Children's Health Insurance Program (CHIP)

- At a minimum, CHIP pays for one eye exam and one pair of glasses a year.
- CHIP does not usually pay for replacement glasses if they are lost or broken. Call your CHIP plan to find out if they do.
- If a child has a new eye problem, CHIP will pay for more exams in one year. If necessary, CHIP will also pay for one more set of lenses but will not pay for new frames.
- Contact lenses are not covered by CHIP unless the child's vision problem requires the use of contacts instead of glasses.

For help applying for health insurance for your child call PCCY at 215-563-5848 X 17.

HOW DO I FIND AN EYE DOCTOR?

Finding a doctor is simple. We've made it easy. Check out pages 9 thru 20 of this guide for a list of over 100 providers in your area who accept MA and CHIP insurance plans. To find even more vision care providers, call your health plan's member services department. The phone number is on the back of your health insurance card and we've listed them below.

Medical Assistance (MA)

- Coventry Cares 1-866-903-0748
- Health Partners 1-800-553-0784
- Keystone Mercy 1-800-521-6860
- UnitedHealthcare 1-800-414-9025

Children's Health Insurance Program (CHIP)

- Aetna 1-800-822-2447
- Coventry Cares 1-866-903-0748
- Keystone Health Plan East 1-800-464-5437
- Kidz Partners 1-888-888-1211
- UnitedHealthcare 1-800-414-9025



LOCATIONS OF VISION CARE PROVIDERS



**WHERE TO GO FOR HELP
VISION CARE GUIDE**



Please note: Insurance information is accurate as of the end of 2012. Eyecare providers drop and add health plans all the time. Call the eye care office and ask if they accept your insurance before you visit or schedule an appointment.

Number on the Map	Office	Address	Zip Code
1	DRS. PLATT AND PLATT PC	42 S. 15TH ST. SUITE 1720	19102
2	EYE ENCOUNTERS	1925 CHESTNUT ST.	19103
3	DEPARTMENT OF OPHTHALMOLOGY AT THE HOSPITAL OF THE UNIVERSITY OF PENNSYLVANIA	3400 SPRUCE ST.	19104
4	UNIVERSITY CITY CENTER FOR EYES	3935 CHESTNUT ST.	19104
5	DR. JACK S. GOLD	4028 W. GIRARD AVE.	19104
6	PENN EYE CARE AT SCHEIE EYE INSTITUTE	51 N. 39TH ST.	19104
7	EYE ENCOUNTERS	402 CHESTNUT ST.	19104
8	KAY AND TABAS OPHTHALMOLOGY	601 WALNUT ST. SUITE L30 CURTIS CENTER	19106
9	SOCIETY HILL OPHTHALMIC ASSOCIATES	700 SPRUCE ST. SUITE 100	19106
10	DR. JOHN STUNKARD	740 SANSOM STREET	19106
11	DR. SCOTT PAGE	1015 CHESTNUT ST. SUITE 417	19107
12	PLASTIC LENSES	1017 CHESTNUT ST.	19107
13	PHILADELPHIA VISION CENTER	1100 MARKET ST.	19107
14	OPHTHALMIC SUB-SPECIALTY	125 S. 9TH ST	19107
15	PEARLE VISION	901 MARKET ST.	19107
16	CENTRAL CITY EYECARE	105 Nth 9th STREET	19107
17	DESIGNER EYES	10TH AND MARKET ST.	19107
18	EYE ENCOUNTERS	1325 MARKET ST.	19107
19	WILLS EYE	840 WALNUT ST.	19107
20	FAMILY VISION ENTERPRISES	6201 N. FRONT ST.	19120
21	DR. ARNOLD WITKIN	6336 RISING SUN AVE.	19111
22	"DR. JEYLAN EL MANSOURY/ DR. JUDITH MELICK"	6609 RISING SUN AVE.	19111
23	DR. THOMAS KELLEHER	10431 ACADEMY ROAD	19114
24	MORRELL EYE CARE	3810 MORRELL AVE.	19114
25	DRS. C. AND D. CZARNECKI	9412 ACADEMY ROAD	19114
26	DR. EUGENE FERNANDES	9229 FRANKFORD AVE.	19114
27	WALMART	9745 ROOSEVELT BLVD.	19114
28	KEYSTONE EYE ASSOCIATES	9126 BLUE GRASS RD.	19114
29	GLASSES GALORE	1619 GRANT AVE.	19115
30	EUROOPTIKA	1916 WELSH ROAD. SUITE 3	19115

Telephone	Medicaid*	CHIP*	Discounted Services	Serves Special Needs Children	Languages Spoken Other Than English	Evening (E) or Weekend (W) Hours
(215) 567-0580	Y	Y	N	Y	-	-
(215) 854-0441	Y	Y	Y	N	-	E/W
(215) 662-8100	Y	Y	N	Y	All languages** Deaf Interpreter	-
(215) 386-6200	Y	Y	N	Y	Spanish	E/W
(215) 222-7760	Y	Y	N	Y	-	W
(215) 662-8100	Y	Y	N	Y	Italian, French, Spanish, Tamil	-
(215) 921 4871	Y	Y	Y	Y	-	W
(215) 925-6402	Y	Y	Y	N	Spanish	W
(215) 829-5311	Y	N	N	Y	Spanish	-
(215) 922-3090	Y	Y	Y	N	-	W
(215) 627-4448	Y	Y	N	N	Spanish	E/W
(215) 922-0212	Y	Y	Y	Y	-	W
(215) 568-0700	Y	Y	Y	N	-	W
(215) 922-2455	Y	Y	N	Y	Korean	-
(215) 627-1626	Y	Y	Y	Y	-	W
(215) 873-0340	Y	Y	Y	Y	Chinese	W
(215) 925-9830	N	Y	Y	N	Chinese	W
(267) 514-4393	Y	Y	Y	Y	-	W
(215) 928-3240	Y	Y	Y	Y	-	-
(215) 927-2211	Y	Y	Y	Y	Spanish	E/W
(215) 745-3339	Y	Y	Y	Y	-	E/W
(215) 722-4444	N	Y	Y	Y	-	-
(215) 632-5955	Y	Y	N	Y	-	E
(215) 632-6698	Y	Y	N	Y	-	E/W
(215) 676-2242	Y	Y	Y	Y	Polish	E
(215) 624-8899	Y	Y	N	Y	Spanish	E
(215) 676-2425	Y	Y	Y	Y	-	E/W
(215) 331-4141	Y	Y	N	Y	Spanish	-
(215) 969-5566	Y	Y	Y	Y	-	E/W
(215) 934-6440	Y	Y	Y	N	Russian, Spanish, Ukrainian, Polish, Hebrew	E

Number on the Map	Office	Address	Zip Code
31	EUROOPTIKA	1916 WELSH ROAD. SUITE 3	19115
32	DR. IGOR BENENSON	9630 BUSTLETON AVE.	19115
33	NORTHERN OPHTHALMIC ASSOCIATES	9880 BUSTLETON AVE. SUITE 313	19115
34	NORTHEAST EYE CLINIC	842 RED LION ROAD, SUITE 18	19115
35	AVON OPTICAL	10752 BUSTLETON AVE.	19116
36	SOLL EYE ASSOCIATES	10160 BUSTLETON AVE. SUITE F	19116
37	DEPUTY EYEWEAR	13020 BUSTLETON AVE.	19116
38	HENDRIX VISION CENTER	11685 BUSTLETON AVE.	19116
39	THE EYE INSTITUTE	7630 GERMANTOWN AVE.	19118
40	CLEAR VISION OPTICAL	317 E. WYOMING AVE.	19120
41	CRYSTAL CLEAR EYEGLASS	4946 N. 5TH ST.	19120
42	EYE CARE FOR THE FAMILY	521 W. OLNEY AVE.	19120
43	DR. NORMAN KUSHNER	1936 COTTMAN AVE.	19111
44	K'S OPTICAL GROUP PHILADELPHIA VISION CENTER	2820 W GIRARD AVE	19122
45	TEMPLE VISION	3401 NTH BROAD ST 6TH FLOOR PARKINSON PAVILION	19122
46	SOLL EYE ASSOCIATES	5001 FRANKFORD AVE.	19124
47	CASTOR EYE CARE CENTER LLC	4258 CASTOR AVE.	19124
48	COMMUNITY EYE CARE CENTER	4258 CASTOR AVE.	19424
49	NEW WORLD VISION CENTER II	813 ADAMS AVE.	19124
50	WALMART	4600 E. ROOSEVELT BLVD.	19124
51	TUS OJOS	100 E. LEHIGH AVE.	19125
52	BLOOM EYE ASSOCIATES	525 JAMESTOWN AVE. SUITE 207	19128
53	DR. VICTOR BAROUH	8500 HENRY AVE.	19128
54	WILLIAM PUTTERMAN EYE CARE	6155 RIDGE AVE.	19128
55	EAST FALLS EYE ASSOCIATES	4189 RIDGE AVE.	19129

Telephone	Medicaid*	CHIP*	Discounted Services	Serves Special Needs Children	Languages Spoken Other Than English	Evening (E) or Weekend (W) Hours
(215) 934-6440	Y	Y	Y	N	Russian, Ukrainian, Polish, Hebrew, Spanish	E
(215) 969-0300	Y	Y	N	Y	Russian	E
(215) 677-9762	Y	Y	N	Y	-	E
(215) 856-9810	Y	Y	N	N	Ukrainian	E
(215) 698-7450	Y	Y	N	Y	Russian Greek	W
(215) 934-7655	Y	Y	N	Y	Russian	E/W
(215) 673-1267	Y	Y	Y	Y	Russian	E/W
(215) 698-8980	Y	Y	Y	Y	Russian	E/W
(215) 276-6111	Y	Y	Y	Y	-	E/W
(215) 455-4515	N	Y	Y	Y	Spanish	W
(215) 924-4142	Y	Y	Y	Y	Spanish	W
(215) 224-2347	Y	Y	Y	N	Creole French	E/W
(215) 742-1400	Y	Y	N	N	Russian	E/W
(215) 765-1234	Y	Y	Y	Y	-	-
(215) 707-3185	Y	Y	N	Y	Spanish Arabic	-
(215) 288-5000	Y	Y	N	Y	-	E/W
(215) 533-4700	N	Y	Y	Y	Spanish	E/W
(215) 533-4700	N	Y	Y	N	Spanish	-
(215) 289-0200	Y	Y	Y	Y	Mandarin, Cantonese, Vietnamese, Cambodian, Thai, Spanish	E/W
(215) 288-8900	Y	Y	Y	Y	-	E/W
(215) 707-0450	Y	Y	N	Y	Spanish	E/W
(215) 483-8444	Y	Y	N	Y	-	E/W
(215) 487-2345	Y	Y	N	N	-	E
(215) 483-3400	Y	Y	N	Y	-	E/W
(215) 844-2406	Y	Y	Y	Y	-	E/W

Number on the Map	Office	Address	Zip Code
56	TRU-SITE OPTICAL	2801 NTH 22ND ST	19132
57	CLEAR VISION OPTICAL	2254 N. FRONT ST.	19133
58	THERESA REILLY OPTICAL	2418 E. ALLEGHENY AVE.	19134
59	ST CHRISTOPHER'S HOSPITAL	ERIE AVE. AT FRONT ST.	19134
60	PHILADELPHIA EYE ASSOCIATES	2610 E. ALLEGHENY AVE.	19134
61	DR. MARTIN KENIG	3212 KENSINGTON AVE.	19134
62	PEARLE VISION	3400 ARAMINGO AVE.	19134
63	MARIA DE LOS SANTOS HEALTH CENTER	2301 E. ALLEGHENY AVE	19134
64	IC LASER EYECARE	2301 E. ALLEGHENY AVE	19134
65	LOGIC EYE CARE	2320 E. ALLEGHENY AVE	19134
66	VISIONWORKS	3500 ARAMINGO AVE	19134
67	DR. BRUCE SEILER	7215 FRANKFORD AVE.	19135
68	KING EYE ASSOCIATES	7252 FRANKFORD AVE.	19135
69	EYE ENCOUNTERS	3853 ARAMINGO AVE	19137
70	GENESIS OPTICAL	6331 STENTON AVE.	19138
71	PHILADELPHIA VISION CENTER	1348 W. ERIE AVE.	19140
72	COMMUNITY EYE CARE CENTER	4000 N. 9TH ST. 2ND FLOOR	19140
73	EINSTEIN OPHTHALMOLOGY ASSOCIATES	5401 OLD YORK ROAD	19141
74	THE EYE INSTITUTE	1200 W. GODFREY AVE.	19141
75	PHILADELPHIA VISION CENTER	5602 N. BROAD ST.	19141
76	WEST PHILADELPHIA EYE ASSOCIATES	501 S. 54TH ST. SUITE 23	19143
77	DR. GERALD ROSS (SPECTRUM EYECARE)	1622 W. OREGON AVE.	19145
78	DI GIOVANNI OPTICAL	2130 S. BROAD ST.	19145
79	PHILADELPHIA EYEGLOSS LABS	1547 WEST PASSYUNK AVE.	19145
80	NEURO-OPHTHALMOLOGIC ASSOCIATES	1740 SOUTH ST.	19146
81	EYEWORCS PLUS	120 SOUTH ST.	19147
82	NEW WORLD VISION CENTER	612-32 WASHINGTON AVE.	19147
83	DR. ANITA PACE	4TH ST. AND SNYDER AVE.	19148
84	PHILADELPHIA EYE ASSOCIATES	1703 S. BROAD ST.	19148
85	PEARLE VISION	330 W. OREGON AVE.	19148
86	WHITMAN FAMILY EYECARE	590 OREGON AVE.	19148
87	THE VISION CENTER IN WALMART	1601 S. COLUMBUS BLVD.	19148

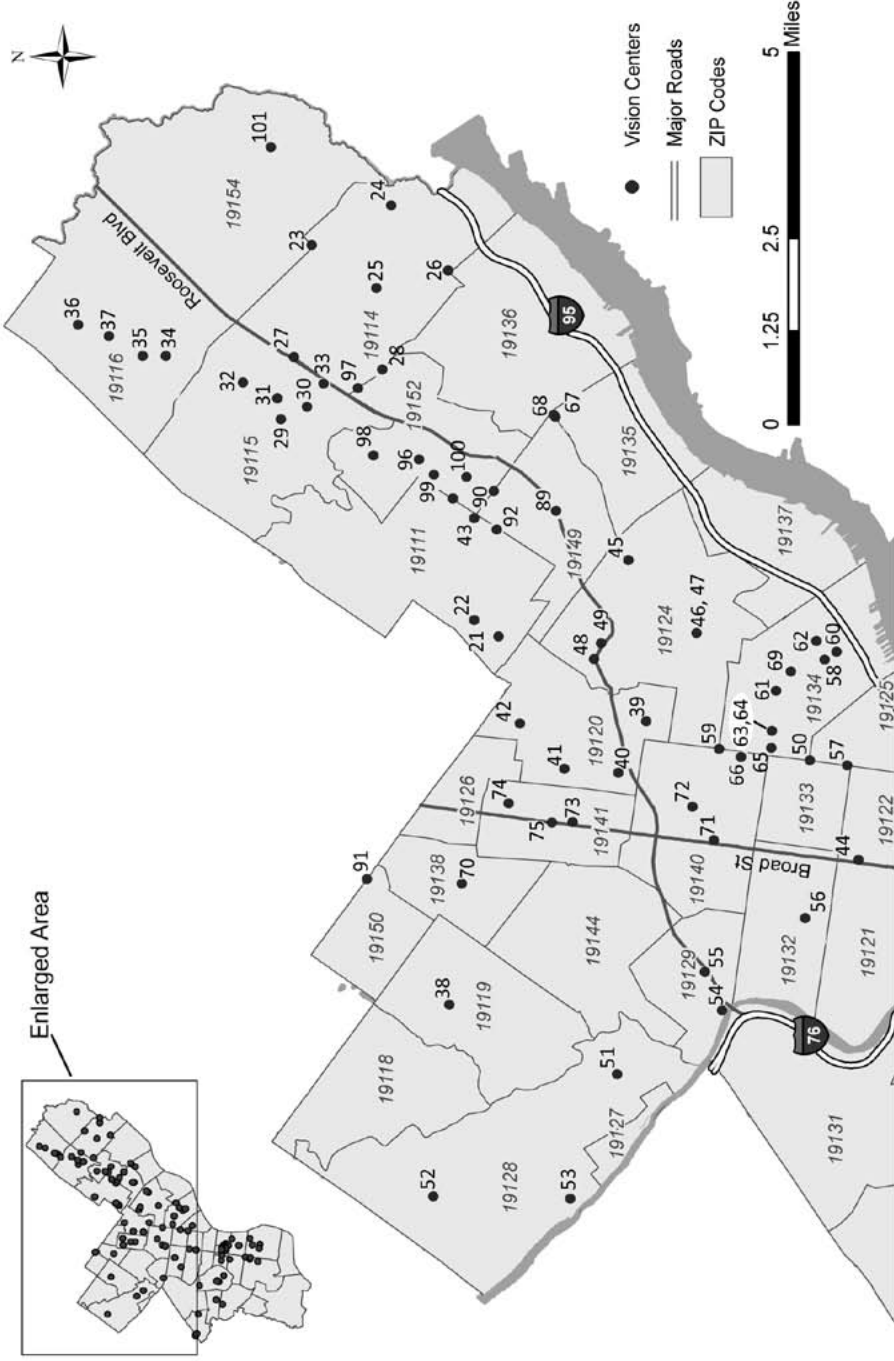
Telephone	Medicaid*	CHIP*	Discounted Services	Serves Special Needs Children	Languages Spoken Other Than English	Evening (E) or Weekend (W) Hours
(215) 226-0355	Y	Y	Y	Y	-	E/W
(215) 634-7451	N	Y	Y	Y	Spanish	W
(215) 634-6660	Y	Y	N	N	Polish	E
(215) 427-8120	Y	Y	N	Y	Spanish	-
(215) 423-5154	Y	Y	Y	Y	Italian	-
(215) 739-9685	Y	Y	Y	Y	Spanish	-
(215) 425-4340	Y	Y	N	Y	Spanish	E/W
(215) 291-2194	Y	Y	N	Y	Spanish Albanian	W
(215) 291-2194	Y	Y	N	Y	Spanish Albanian	W
(215) 634-2020	Y	Y	N	N	Spanish	W
(215)535-4264	N	Y	Y	Y	Spanish	E/W
(215) 338-3849	Y	Y	N	N	-	E/W
(215) 335-3555	Y	Y	Y	Y	Spanish Russian	E/W
(215) 288-3333	Y	Y	Y	Y	Spanish	W
(215) 548-5949	Y	Y	Y	Y	-	W
(215) 223-5000	Y	Y	Y	Y	Spanish	W
(215) 227-2020	Y	Y	Y	Y	Spanish	-
(215) 456-7150	Y	Y	N	N	N	-
(215) 276-6111	Y	Y	Y	Y	-	E/W
(215) 549-2020	Y	Y	N	Y	-	W
(215) 748-0185	Y	Y	N	N	Cambodian	-
(215) 755-6820	N	Y	Y	Y	-	E/W
(215) 465-6900	N	Y	Y	N	-	W
(215) 334-3652	Y	Y	Y	N	French	E/W
(215) 735-3040	Y	Y	N	Y	Spanish, Russian, Vietnamese	-
(215) 923-8688	Y	Y	Y	Y	-	E/W
(215) 599-2020	Y	Y	Y	Y	Mandarin, Cantonese, Vietnamese, Cambodian	E/W
(215) 465-4634	Y	Y	N	N	-	E
(215) 339-8100	Y	Y	Y	Y	Italian Vietnamese	-
(215) 463-5889	Y	Y	Y	Y	Spanish	W
(215) 468-5284	Y	Y	Y	N	Y	W
(215) 389-5814	Y	Y	N	Y	Spanish	E/W

Number on the Map	Office	Address	Zip Code
88	VISIONWORKS	2250 S COLUMBUS BLVD	19148
89	KRYSTAL VISION EYECARE	6533 ROOSEVELT BLVD.	19149
90	EYE OPTIONS	2139 COTTMAN AVE.	19149
91	PHILADELPHIA VISION CENTER	2385 CHELTENHAM AVE.	19150
92	VISIONWORKS	2118 COTTMAN AVE	19149
93	DR. BERNARD KUSHNER	6103 LANSDOWNE AVE.	19151
94	CITY LINE OPTICAL COMPANY	7516 CITY LINE AVE.	19151
95	BRUCE GOLDMAN OPTICAL	7560 HAVERFORD AVE.	19151
96	EYE SURGICAL-MEDICAL ASSOCIATES	8118 BUSTLETON AVE.	19152
97	PHILADELPHIA VISION CENTER	2536 WELSH ROAD	19152
98	PROGRESSIVE VISION INSTITUTE OF PHILADELPHIA	8401 BUSTLETON AVE.	19152
99	TWER EYE CARE ASSOCIATES	7900 BUSTLETON AVE.	19152
100	DRS. PLATT AND PLATT PC	7601 CASTOR AVE. SUITE 206	19152
101	EYE SURGICAL-MEDICAL ASSOCIATES	KNIGHTS ROAD AND RED LION ROAD	19154

Telephone	Medicaid*	CHIP*	Discounted Services	Serves Special Needs Children	Languages Spoken Other Than English	Evening (E) or Weekend (W) Hours
(215) 339-5341	N	Y	Y	Y	Spanish, Russian	E/W
(215) 744-6727	Y	Y	N	Y	Vietnamese	W
(215) 745-1444	Y	Y	Y	N	Spanish Portuguese	E/W
(215) 885-0619	Y	Y	N	Y	-	E/W
(215) 725-1209	N	Y	Y	Y	Spanish	E/W
(215) 877-6688	Y	Y	N	N	-	W
(215) 878-7181	Y	Y	N	Y	-	N
(215) 879-1080	Y	Y	Y	Y	-	W
(215) 342-8118	N	Y	N	Y	-	E/W
(215) 671-8000	Y	Y	N	Y	-	E/W
(215) 745-5050	Y	Y	N	Y	-	-
(215) 742-7474	Y	Y	N	Y	-	E/W
(215) 725-1200	Y	Y	N	Y	-	E
(215) 637-3930	N	Y	N	Y	Spanish Farsi	E

* Insurance information is accurate as of the end of 2012. Eyecare providers drop and add health plans all the time. Call the eye care office and ask if they accept your insurance before you visit or schedule an appointment.

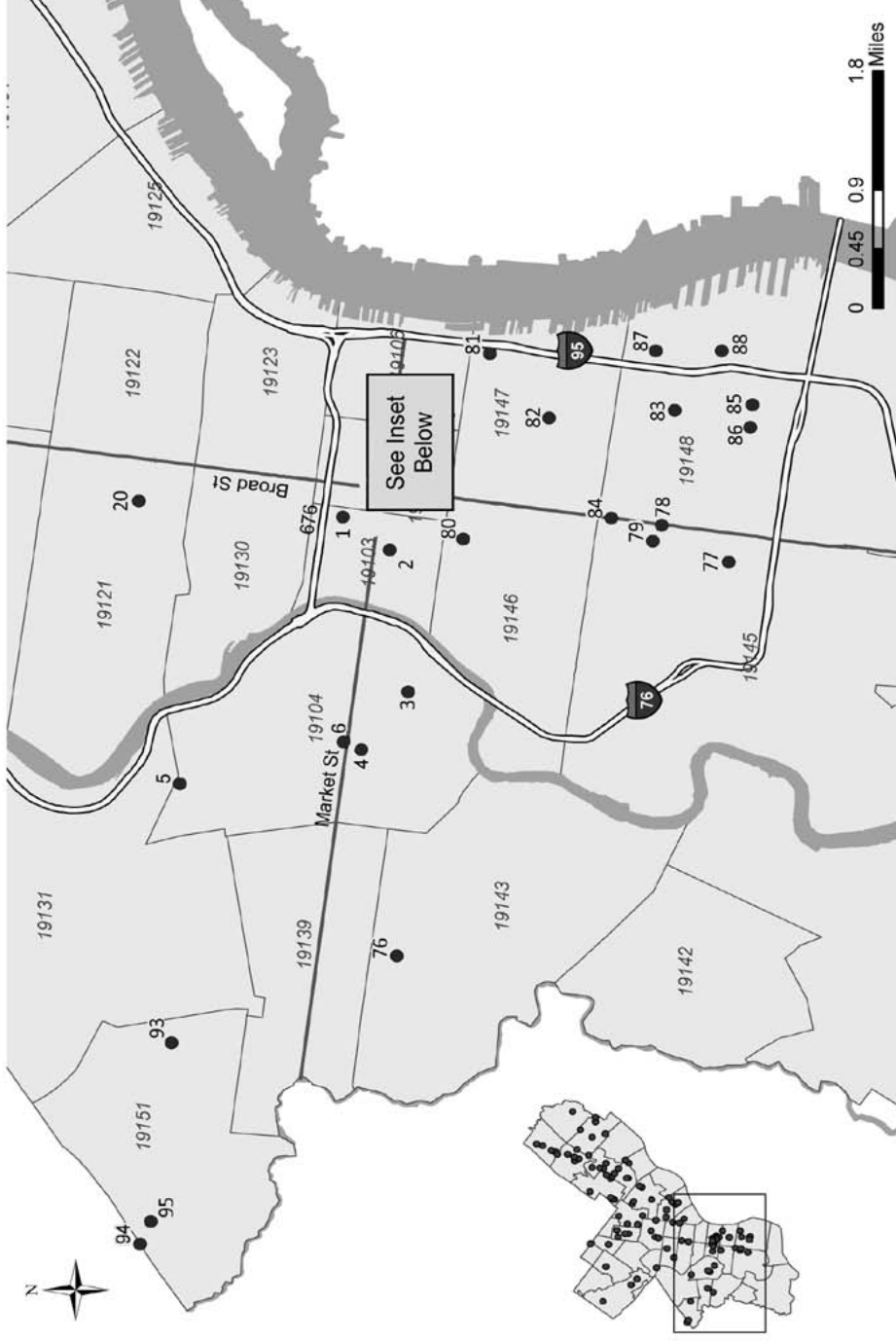
** All languages means that the office uses a language interpretation company to interpret all languages through the phone.



- 21. DR. ARNOLD WITKIN
- 22. DR. JEYLAN EL MANSOURY / DR. JUDITH MELICK
- 23. DR. THOMAS KELLEHER
- 24. MORRELL EYE CARE
- 25. DRs. C. AND D. CZARNECKI
- 26. DR. EUGENE FERNANDES
- 27. THE VISION CENTER AT WALMART
- 28. KEYSTONE EYE ASSOCIATES
- 29. GLASSES GALORE
- 30. EUROOPTIKA
- 31. DR. IGOR BENENSON
- 32. NORTHERN OPHTHALMIC ASSOCIATES
- 33. NORTHEAST EYE CLINIC
- 34. AVON OPTICAL
- 35. SOLL EYE ASSOCIATES
- 36. DEPUTY EYEWEAR
- 37. HENDRIX VISION CENTER
- 38. THE EYE INSTITUTE
- 39. CLEAR VISION OPTICAL
- 40. CRYSTAL CLEAR EYEGLASS
- 41. EYE CARE FOR THE FAMILY
- 42. FAMILY VISION ENTERPRISES
- 43. DR. NORMAN KUSHNER
- 44. TEMPLE VISION
- 45. SOLL EYE ASSOCIATES
- 46. CASTOR EYE CARE CENTER LLC
- 47. COMMUNITY EYE CARE CENTER
- 48. NEW WORLD VISION CENTER II

- 49. THE VISION CENTER AT WALMART
- 50. TUS OJOS
- 51. BLOOM EYE ASSOCIATES
- 52. DR. VICTOR BAROUH
- 53. WILLIAM PUTTMAN EYE CARE
- 54. EAST FALLS EYE ASSOCIATES
- 55. THE EYE INSTITUTE
- 56. TRU-SITE OPTICAL
- 57. CLEAR VISION OPTICAL
- 58. THERESA REILLY OPTICAL
- 59. ST CHRISTOPHER'S HOSPITAL
- 60. PHILADELPHIA EYE ASSOCIATES
- 61. DR. MARTIN KENIG
- 62. PEARLE VISION
- 63. MARIA DE LOS SANTOS HEALTH CENTER
- 64. IC LASER EYECARE
- 65. LOGIC EYE CARE
- 66. VISIONWORKS
- 67. DR. BRUCE SEILER
- 68. KING EYE ASSOCIATES
- 69. EYE ENCOUNTERS
- 70. GENESIS OPTICAL
- 71. PHILADELPHIA VISION CENTER
- 72. COMMUNITY EYE CARE CENTER
- 73. EINSTEIN OPHTHALMOLOGY ASSOCIATES
- 74. THE EYE INSTITUTE
- 75. PHILADELPHIA VISION CENTER
- 89. KRYSTAL VISION EYECARE

- 90. EYE OPTIONS
- 91. PHILADELPHIA VISION CENTER
- 92. VISIONWORKS
- 96. EYE SURGICAL-MEDICAL ASSOCIATES
- 97. PHILADELPHIA VISION CENTER OF PHILADELPHIA
- 98. PROGRESSIVE VISION INSTITUTE
- 99. TWER EYE CARE ASSOCIATES
- 100. DRs. PLATT AND PLATT PC
- 101. EYE SURGICAL-MEDICAL ASSOCIATES



See Inset Below



Major Roads

ZIP Codes

Vision Centers

- 1. DRS. PLATT AND PLATT PC
- 2. EYE ENCOUNTERS
- 3. DEPT. OF OPHTHALMOLOGY AT THE HOSPITAL UNIVERSITY OF PENNSYLVANIA
- 4. UNIVERSITY CITY CENTER FOR EYES
- 5. DR. JACK S. GOLD
- 6. PENN EYE CARE AT SCHEIJE EYE INSTITUTE
- 7. EYE ENCOUNTERS
- 8. KAY AND TABAS OPHTHALMOLOGY
- 9. SOCIETY HILL OPHTHALMIC ASSOCIATES
- 10. DR. JOHN STUNKARD
- 11. DR. SCOTT PAGE
- 12. PLASTIC LENSES

- 13. PHILADELPHIA VISION CENTER
- 14. OPHTHALMIC SUB-SPECIALTY
- 15. PEARLE VISION
- 16. CENTRAL CITY EYECARE
- 17. DESIGNER EYES
- 18. EYE ENCOUNTERS
- 19. WILLS EYE
- 20. K'S OPTICAL GROUP PHILADELPHIA VISION CENTER
- 76. WEST PHILADELPHIA EYE ASSOCIATES
- 77. DR. GERALD ROSS (SPECTRUM EYECARE)
- 78. DI GIOVANNI OPTICAL
- 79. PHILADELPHIA EYEGLOSS LABS

- 80. NEURO-OPHTHALMOLOGIC ASSOCIATES
- 81. EYEWORKS PLUS
- 82. NEW WORLD VISION CENTER
- 83. DR. ANITA PACE
- 84. PHILADELPHIA EYE ASSOCIATES
- 85. PEARLE VISION
- 86. WHITMAN FAMILY EYECARE
- 87. THE VISION CENTER AT WALMART
- 88. VISIONWORKS
- 93. DR. BERNARD KUSHNER
- 94. CITY LINE OPTICAL COMPANY
- 95. BRUCE GOLDMAN OPTICAL

VISION CARE RESOURCES

VISION CARE RESOURCES COORDINATED THROUGH THE SCHOOL DISTRICT OF PHILADELPHIA

For parents who have trouble getting their child to the eye doctor or whose child does not have insurance or whose health plan does not include vision care, the School District of Philadelphia and its partners may be able to help.

Eagles Eye Mobile



The School District of Philadelphia works with the Eagles Eye Mobile, which is an eye clinic on wheels, to help uninsured and under-insured children in elementary and middle school get free vision care. The program is run by the Eagles Youth Partnership, a charity of the Philadelphia Eagles. Here's how it works...

nership, a charity of the Philadelphia Eagles. Here's how it works...

- The school nurse asks parents of children who fail the school screening if they would like to have their child's eyes examined on the Eagles Eye Mobile. Parents complete and return a consent form to have their child participate.
- The school nurse schedules the Eagles Eye Mobile to come to the school, and the eye doctor examines your child's eyes and tells you if he/she needs glasses.
- If the doctor prescribes glasses, your child will choose frames from a specific group of frames and two pairs of glasses will be delivered at a later date to the school. For children with more complicated vision problems, Eye Mobile staff will refer them for further treatment. Once a parent or guardian signs a consent form, referred children are bussed to one of three locations to be examined by a pediatric ophthalmologist.

To find out if the Eagles Eye Mobile is scheduled to visit your child's school, contact the school nurse or principal.

If you have a child or children who need help getting health insurance call

***PCCY's Child Healthwatch Helpline
215-563-5848 x 17***

www.pccy.org

WILLS ON WHEELS

The School District of Philadelphia works with Wills on Wheels, which is an eye care center on wheels operated by the Wills Eye Institute. Wills on Wheels provides on the spot vision care to students who fail their school vision screen. Here's how it works....

- The school nurse asks parents of children who fail the school vision screen if they would like to have their child's eyes examined on the Wills on Wheels van. Parents complete a consent form to have their child participate.
- The school nurse schedules Wills on Wheel to come to the school to give care to children with signed consent forms.
- Once onboard the bus, the eye doctor examines your child and tells you if he/she needs glasses or some other care to fix a vision problem.
- If the doctor prescribes glasses, the School District provides students with a free pair of glasses.
- For children with more complicated vision problems, the eye doctor refers them to Wills Eye Institute for further treatment.

To find out if Wills on Wheels is scheduled to visit your child's school, contact your school nurse or principal.



THE EYE INSTITUTE OF THE PENNSYLVANIA COLLEGE OF OPTOMETRY AT SALUS UNIVERSITY

The Eye Institute partners with the School District of Philadelphia to provide vision screens mostly for students enrolled in schools in North and Northwest Philadelphia. Students who fail the school vision screen are transported to one of The Eye Institute's locations in Oak Lane, East Falls or Chestnut Hill for eye exams. Here's how it works...

- The school nurse asks parents of children who fail the school vision screen if they would like their child's eyes examined at The Eye Institute.
- Parents complete a consent form to have their child's eyes examined. A bus is scheduled to take the children from their school to one of the The Eye Institute's three locations.
- The eye doctor examines your child and figures out if there are any vision problems and if your child needs glasses.
- If the doctor prescribes glasses, your child will choose frames from a specific group of frames and two pairs of glasses will be delivered at a later date to the school.
- If your child has insurance, the insurance company is billed for the care and glasses. If your child is uninsured or has no vision insurance, the care is covered by the School District or by The Eye Institute's "Looking Out for Kids" charity fund. For more information about the fund, call 215-276-6158 or email LookingOutforKids@salus.edu.



COMMUNITY EYE CARE AND KRystal VISION EYE CARE

Community Eye Care and Krystal Vision Eye Care offer **free eye exams and free eyeglasses** to children who are uninsured. In order to receive services a child must first obtain a vision referral from the school nurse. Here's how it works...

- If your child fails the school vision screen and is uninsured, the school nurse may refer you to Community Eye Care or Krystal Eye Care for further treatment.
- The child is given a referral to have a complete eye exam.
- Parents call one of the offices listed below to set up an appointment so their child can receive vision care.

For more information please contact:

Community Eye Care
1208 E. Hunting Park Ave
Philadelphia, PA 19124
215-533-4700

Krystal Vision Eye Care
6533 Roosevelt Blvd.
Philadelphia, PA 19149
215-744-6727



NEW EYES FOR THE NEEDY

New Eyes for the Needy provides **free eyeglasses** for low-income children and adults in the United States through a voucher program. Here's how it works...

- Parents need to find an advocate such as a social worker, case worker or staff member at a community health center to submit an application to New Eyes for the Needy.
- If eligibility requirements are met and the application is approved, your child will receive a voucher from New Eyes for a free pair of glasses.
- Take the voucher to a participating eyeglass maker to receive glasses for your child.

For more information about applying and a list of participating eyeglass makers in your area, please contact:

New Eyes for the Needy
973-376-4903
www.neweyesfortheneedy.org



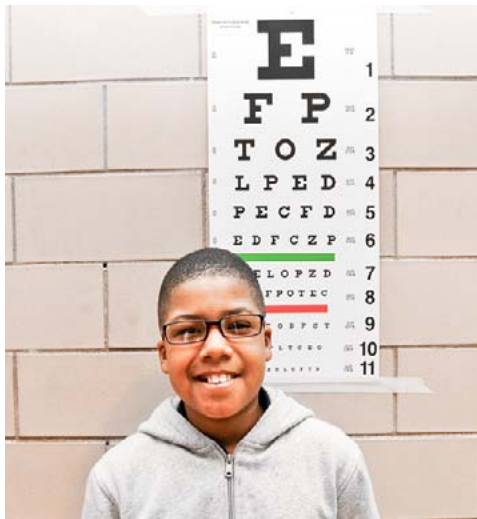
SIGHT FOR STUDENTS

Sight for Students is a national program that gives **free vision exams and free eyeglasses** to low-income children who have no insurance or who have no vision insurance. Here's how it works...

- Sight for Students partners with local, community-based organizations. In Philadelphia these organizations include the YMCA, Head Start and the city health centers. These organizations give vouchers to parents that they take to eye care providers to get free vision services.
- To be eligible, children must be 18 or younger, not have graduated high school, a U.S. citizen or immigrant, have no vision insurance and not have used Sight for Students services within the past 12 months.
- Parents need to contact a Sight for Students Philadelphia community partner and request a voucher.
- Parents use the voucher at a participating Sight for Students eye care provider.

To find a participating Philadelphia community partner and eye care provider contact:

Sight for Students
1-888-290-4964
www.sightforstudents.org
sfsinfo@vsp.com



VISION USA

VISION USA is an organization that provides **free eye exams** to low-income families who do not have vision insurance. Services are donated by volunteer optometrists who are members of the American Optometric Association. Here's how it works...

- Parents need to find an advocate such as a social worker, case worker or staff member at a community health center to submit an online application to Vision USA.
- If your child/family meets the eligibility requirements, the person who completed your application will receive an email with the name of the volunteer doctor who will provide your child with vision care services.
- Contact the doctor directly to schedule an appointment.

For more information on applying and eligibility requirements please contact:

VISION USA243
North Lindbergh Blvd.
St. Louis, MO 63141
Phone: 1800-766-4466
Fax: 314-991-4101
www.aoa.org/visionusa.xml
visionusa@aoa.org



A FEW EXTRA HINTS AND TIPS

If your child needs more glasses than his or her health insurance will pay for in a year (because the glasses are lost or broken), you may be able to find low-cost glasses on the Internet. Here's what you can do...

- Contact the doctor that prescribed glasses for your child and ask the doctor to write down or tell you your child's eye prescription. Be sure to ask the doctor for your child's pupillary distance or PD.
- Look for websites that offer discount prices for eyeglasses such as www.glassyeyes.blogspot.com, www.goggles4u.com, www.zennioptical.com, www.glassesshop.com or www.costal.com.
- Complete the website order form. When asked, enter your child's prescription information.



LOW-COST EYEGLOSS OPTIONS

How do I choose the right glasses for my child?

- Let kids pick their own frames. Kids are more likely to wear glasses if they like them.
- For children under the age of two plastic frames are best.
- For active toddlers, attach an elastic strap to the glasses to keep them in place.
- For kids who play sports, choose glasses with polycarbonate lenses. These kinds of lenses are thin, tough and light. However, they scratch more easily than plastic lenses.
- If your child has a severe eye problem, pick high-index lenses. They are thinner and lighter than plastic lenses.

How can I take care of my child's eyes?

- Have your child's eyes checked every year by a primary care provider.
- Feed them foods like carrots, broccoli, sweet potatoes, spinach and fish.
- Avoid giving them foods like potato chips, candy and soda.
- Help them stay active and exercise.
- Have them wear goggles while playing sports.
- Keep all chemicals and sprays away from children.
- Protect their eyes from the sun by having them wear sunglasses with both UVA & UVB sun protection.

COMMON EYE CARE WORDS

Depth Perception – a person’s ability to see the world in three dimensions and judge distance.

Dilate – drops in your eyes that expand the pupils in order to look deeper into the eye. This helps find potential problems.

Eye Alignment Test – helps determine the quality of a person’s depth perception.

Optometrist – a doctor of optometry (OD) who performs eye exams, prescribes glasses, and diagnosis common eye problems.

Ophthalmologist – a medical eye doctor (MD) who performs complete eye exams, prescribes glasses, diagnosis eye problems, and can do surgery.

Primary Care Provider (PCP) – a doctor, nurse practitioner physician’s assistant who helps people prevent health problems and identify and treat common illnesses.

Pupil – the black circular opening located in the center of the eye that allows light to enter the eye.

Pupillary Distance – the distance between the center of your pupils.

UVA/UVB protection – helps to protect your eyes from sun damage.

Visual Acuity Test – This is performed using a chart. The chart has several lines with letters on it. The sizes of the letters get smaller and smaller the further down the chart you go. You have to stand about 20 feet away from the chart, cover your eye and read the letters on the line to test how well you can see.

For supporting this project, special thanks to:

Eagles Youth Partnership



For More Information Contact:



Public Citizens for Children and Youth
Seven Benjamin Franklin Parkway, Sixth Floor
Philadelphia, PA 19103
215-563-5848
info@pccy.org / www.pccy.org